



King County

Weyerhaeuser King County Aquatic Center
650 SW Campus Drive, Federal Way, Washington 98023-8425
Seattle (206) 296-4444 Tacoma (253) 927-5173
Visit our website at metrokc.gov/parks

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Federal Way, WA 98023-8425

PUBLIC PROGRAMS

- Scheduled Recreational and Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise
- Pool Party Rentals
- American Red Cross Safety Courses
- Special Community Events
- Regional Training Center for Competitive Aquatic Sports
- Banquet Hall Rentals

UPCOMING EVENTS

- Apr 24-25 Stingray Long Course Medal Mania
- May 1-2 May Flowers Swimming Invitational
- May 14-16 Pacific Coast Swimming Invitational
- May 21-23 WA Water Polo Girl's State High School Champs
- June 5-6 WA Special Olympics Swim/Dive Champs
- June 12-13 King Long Course Age Group Swim Meet
- June 12 Soroptimist Internat'l of Federal Way Flag Day Ceremony
- June 25-27 Pacific Rim Swimming Classic


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www.metrokc.gov/parks



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Spring Schedule
April 19 - June 20, 2004
Seattle (206) 296-4444
Tacoma (253) 927-5173

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events and Activities	Special Events and Activities
9:00-10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise		
10:00-11:30	Lessons	Lessons	Lessons	Lessons	Maintenance		
11:30-12:30	FamilySwim**	FamilySwim**	FamilySwim**	FamilySwim**	FamilySwim**	11:30-1:30 PublicSwim*	11:30-1:30 PublicSwim*
12:30-1:30	Adult/Sr Lap	Adult/Sr Lap	Adult/Sr Lap	Adult/Sr Lap	Adult/Sr Lap	1:30-Rentals	1:30-Rentals
4:30-7:30	Lessons	Lessons	Lessons	Lessons	until-7:00 Rentals		
7:30-8:30	PublicSwim*	PublicSwim*	PublicSwim*	PublicSwim*	PublicSwim*		
8:30-9:30	Aquarobics™	Aquarobics™	Aquarobics™	Aquarobics™			

* Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times
** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

SWIMMING LESSONS
Morning Sessions (1/2 hr, 10:00-11:30am, Mon/Wed & Tues/Thurs)
Evening Lessons (1/2 hr, 4:30-7:30pm, MW's or TTh's)

Monday & Wednesdays
April 12-May 12 (10 lessons)
May 17-June 16 (9 Lessons) No class May 31

Tuesday & Thursdays
April 13-May 13 (10 lessons)
May 18-June 17 (10 Lessons)

CANCELED SWIMS
May 29-31, June 5-6

WATER EXERCISE
Call Aquarobics™: 1-800-817-8988

TELEPHONE RELAY SERVICE: 711



Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am-8:00	LapSwim*	LapSwim*	LapSwim*	LapSwim*	LapSwim*
11:30-1:30pm	LapSwim*	LapSwim*	LapSwim*	LapSwim*	LapSwim*
4:00-6:30	Team Training	Team Training	Team Training	Team Training	Team Training
6:30-8:00	Team Training	Team Training	Team Training	Team Training	Team Training
8:00-10:00	Water Polo Teams	Water Polo Teams	Water Polo Teams	Water Polo Teams	Water Polo Teams

* To maximize use of the facility, lap swims are scheduled during some team training times. Lanes for lap swimmers may be limited. The competition pool will be at 50 meters and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25-yard swim test to be allowed to swim in the competition pool.

CANCELED SWIMS:

April 24-25	11:30-1:30
May 1-2	11:30-1:30
May 8	11:30-1:30
May 15-16	11:30-1:30
May 21-23	All day
May 29-31	All day
June 5-6	11:30-1:30
June 12-13	11:30-1:30
June 25	All day
June 26-27	11:30-1:30

EVENTS:

Stingray Long Course Medal Mania
May Flowers Swimming Invitational
USA Swimming National Camp
Pacific Coast Swimming Invitational
Girl's State High School Water Polo Championship
Memorial Day Holiday
Washington State Special Olympics Swim/Dive Champs
King Long Course Age Group Swim Meet
Pacific Rim Swimming Classic
Pacific Rim Swimming Classic



King County

2004 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	\$4.75
All participants	\$3.25	Sr Citizen (62+) & People w/ Disabilities	\$3.25
Public Swim*			
Children, Adults & Sr Citizens	\$3.25		
People w/ Disabilities	\$2.50		
Rec Pool Adult & Senior Lap Swim			
Adult	\$4.75	Low Impact Water Exercise (Rec Pool)	
Sr Citizen (62+) & Disabled	\$3.25	Adult	\$6.25 - 10-visit Card \$58.50
Shower	\$3.25	Sr Citizen (62+)	\$4.75 - 10-visit Card \$40.00

* Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

RENTALS

Great for birthday parties, private groups and business meetings. Scheduled during non-program hours.

Rec Pool, 1-25 people	\$90.00/hour	Party Room Rental	\$35.00/hour
Rec Pool, 26-60 people	\$120.00/hour	Lobby Rental	\$78.75/hour
			+ staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.25+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Family	\$250.00+tax	\$624.00+tax
Senior Citizen (62+) & Disabled	\$97.50+tax	\$273.00+tax

GIFTCERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

